

## Katas

K1	Traditional Open Hand Kata	9 Years and under	(Beginners)
K2	Traditional Open Hand Kata	9 Years and under	(Intermediate)
K3	Traditional Open Hand Kata	9 Years and under	(Advanced)
K4	Traditional Open Hand Kata	10 - 15 Years	(Beginners)
K5	Traditional Open Hand Kata	10 - 15 Years	(Intermediate)
K6	Traditional Open Hand Kata	10 - 15 Years	(Advanced)
K7	Traditional Open Weapon Kata	9 Years and under	(Beginners)
K8	Traditional Open Weapon Kata	9 Years and under	(Intermediate)
K9	Traditional Open Weapon Kata	9 Years and under	(Advanced)
K10	Traditional Open Weapon Kata	10 - 15 Years	(Beginners)
K11	Traditional Open Weapon Kata	10 - 15 Years	(Intermediate)
K12	Traditional Open Weapon Kata	10 - 15 Years	(Advanced)
K13	Creative Kata (Non Weapon)	9 Years and under	(Beginners)
K14	Creative Kata (Non Weapon)	9 Years and under	(Intermediate)
K15	Creative Kata (Non Weapon)	9 Years and under	(Advanced)
K16	Creative Kata (Non Weapon)	10 - 15 Years	(Beginners)
K17	Creative Kata (Non Weapon)	10 - 15 Years	(Intermediate)
K18	Creative Kata (Non Weapon)	10 - 15 Years	(Advanced)
K19	Creative Kata Musical (Non Weapon)	9 Years and under	(Beginners)
K20	Creative Kata Musical (Non Weapon)	9 Years and under	(Intermediate)
K21	Creative Kata Musical (Non Weapon)	9 Years and under	(Advanced)
K22	Creative Kata Musical (Non Weapon)	10 - 15 Years	(Beginners)
K23	Creative Kata Musical (Non Weapon)	10 - 15 Years	(Intermediate)
K24	Creative Kata Musical (Non Weapon)	10 - 15 Years	(Advanced)
K25	Creative Kata Musical (Weapon)	9 Years and under	(Beginners)
K26	Creative Kata Musical (Weapon)	9 Years and under	(Intermediate)
K27	Creative Kata Musical (Weapon)	9 Years and under	(Advanced)
K28	Creative Kata Musical (Weapon)	10 - 15 Years	(Beginners)
K29	Creative Kata Musical (Weapon)	10 - 15 Years	(Intermediate)
K30	Creative Kata Musical (Weapon)	10 - 15 Years	(Advanced)
K31	Creative Kata (Weapon)	9 Years and under	(Beginners)
K32	Creative Kata (Weapon)	9 Years and under	(Intermediate)
K33	Creative Kata (Weapon)	9 Years and under	(Advanced)
K34	Creative Kata (Weapon)	10 - 15 Years	(Beginners)
K35	Creative Kata (Weapon)	10 - 15 Years	(Intermediate)
K36	Creative Kata (Weapon)	10 - 15 Years	(Advanced)
K37	Open Team Kata (2 or 3 Persons)	15 Years and under	(Open Grade)

K38	Traditional Open Hand Kata	16 Years and over	(Beginners)
K39	Traditional Open Hand Kata	16 Years and over	(Intermediate)
K40	Traditional Open Hand Kata	16 Years and over	(Advanced)
K41	Traditional Open Weapon Kata	16 Years and over	(Beginners)
K42	Traditional Open Weapon Kata	16 Years and over	(Intermediate)
K43	Traditional Open Weapon Kata	16 Years and over	(Advanced)
K44	Creative Kata (Non Weapon)	16 Years and over	(Beginners)
K45	Creative Kata (Non Weapon)	16 Years and over	(Intermediate)
K46	Creative Kata (Non Weapon)	16 Years and over	(Advanced)
K47	Creative Kata Musical (Non Weapon)	16 Years and over	(Beginners)
K48	Creative Kata Musical (Non Weapon)	16 Years and over	(Intermediate)
K49	Creative Kata Musical (Non Weapon)	16 Years and over	(Advanced)
K50	Creative Kata Musical (Weapon)	16 Years and over	(Beginners)
K51	Creative Kata Musical (Weapon)	16 Years and over	(Intermediate)
K52	Creative Kata Musical (Weapon)	16 Years and over	(Advanced)
K53	Creative Kata (Weapon)	16 Years and over	(Beginners)
K54	Creative Kata (Weapon)	16 Years and over	(Intermediate)
K55	Creative Kata (Weapon)	16 Years and over	(Advanced)
K56	Open Team Kata (2 or 3 Persons)	16 Years and over	(Open Grade)
K57	Veterans Traditional Open Hand Kata	35 Year and above	(Open Grade)

### Children's Points

PF0	Mini Pee Wee's (Mixed) Under 5 years old	5 years and under	(Open Grade)
PF1	Mini Pee Wee's (Mixed) -3ft 8"	12 years and under	(Open Grade)
PF2	Pee Wee's (Mixed) -4ft	12 years and under	(Beginners)
PF3	Pee Wee's (Mixed) -4ft	12 years and under	(Intermediate)
PF4	Pee Wee's (Mixed) -4ft	12 years and under	(Advanced)
PF5	Boys Points -4ft 4"	12 years and under	(Beginners)
PF6	Boys Points -4ft 4"	12 years and under	(Intermediate)
PF7	Boys Points -4ft 4"	12 years and under	(Advanced)
PF8	Boys Points -4ft 8"	12 years and under	(Beginners)
PF9	Boys Points -4ft 8"	12 years and under	(Intermediate)
PF10	Boys Points -4ft 8"	12 years and under	(Advanced)
PF11	Boys Points 3ft Trophy /Cash	8 years and under	(Open Grade)
PF12	Boys Points -5ft	12 years and under	(Beginners)
PF13	Boys Points -5ft	12 years and under	(Intermediate)
PF14	Boys Points -5ft	12 years and under	(Advanced)
PF15	Boys Points -5ft 4"	12 years and under	(Beginners)
PF16	Boys Points -5ft 4"	12 years and under	(Intermediate)
PF17	Boys Points -5ft 4"	12 years and under	(Advanced)
PF18	Boys Points +5ft 4"	12 years and under	(Beginners)
PF19	Boys Points +5ft 4"	12 years and under	(Intermediate)
PF20	Boys Points +5ft 4"	12 years and under	(Advanced)
PF21	Boys Points 3ft Trophy /Cash	9 - 12 years	(Open Grade)
PF22	Boys Cadets Points -5ft 2"	13 – 15 years old	(Beginners)
PF23	Boys Cadets Points 5ft 2"	13 – 15 years old	(Intermediate)
PF24	Boys Cadets Points -5ft 2"	13 – 15 years old	(Advanced)
PF25	Boys Cadets Points -5ft 6"	13 – 15 years old	(Beginners)
PF26	Boys Cadets Points -5ft 6"	13 – 15 years old	(Intermediate)
PF27	Boys Cadets Points -5ft 6"	13 – 15 years old	(Advanced)
PF28	Boys Cadets Points +5ft 6"	13 – 15 years old	(Beginners)
PF29	Boys Cadets Points +5ft 6"	13 – 15 years old	(Intermediate)
PF30	Boys Cadets Points +5ft 6"	13 – 15 years old	(Advanced)
PF31	Boys Cadets Points 3ft Trophy / Cash Prize	13 – 15 years old	(Open Grade)

PF32	Girls Points -4ft 4"	12 years and under	(Beginners)
PF33	Girls Points -4ft 4"	12 years and under	(Intermediate)
PF34	Girls Points -4ft 4"	12 years and under	(Advanced)
PF35	Girls Points -4ft 8"	12 years and under	(Beginners)
PF36	Girls Points -4ft 8"	12 years and under	(Intermediate)
PF37	Girls Points -4ft 8"	12 years and under	(Advanced)
PF38	Girls Points 3ft Trophy /Cash	8 years and under	(Open Grade)
PF39	Girls Points -5ft	12 years and under	(Beginners)
PF40	Girls Points -5ft	12 years and under	(Intermediate)
PF41	Girls Points -5ft	12 years and under	(Advanced)
PF42	Girls Points -5ft 4"	12 years and under	(Beginners)
PF43	Girls Points -5ft 4"	12 years and under	(Intermediate)
PF44	Girls Points -5ft 4"	12 years and under	(Advanced)
PF45	Girls Points +5ft 4"	12 years and under	(Beginners)
PF46	Girls Points +5ft 4"	12 years and under	(Intermediate)
PF47	Girls Points +5ft 4"	12 years and under	(Advanced)
PF48	Girls Points 3ft Trophy /Cash	9 - 12 years old	(Open Grade)
PF49	Girls Cadets Points -5ft 2"	13 – 15 years old	(Beginners)
PF50	Girls Cadets Points -5ft 2"	13 – 15 years old	(Intermediate)
PF51	Girls Cadets Points -5ft 2"	13 – 15 years old	(Advanced)
PF52	Girls Cadets Points -5ft 6"	13 – 15 years old	(Beginners)
PF53	Girls Cadets Points -5ft 6"	13 – 15 years old	(Intermediate)
PF54	Girls Cadets Points -5ft 6"	13 – 15 years old	(Advanced)
PF55	Girls Cadets Points +5ft 6"	13 – 15 years old	(Beginners)
PF56	Girls Cadets Points +5ft 6"	13 – 15 years old	(Intermediate)
PF57	Girls Cadets Points +5ft 6"	13 – 15 years old	(Advanced)
PF58	Girls Cadets Points 3ft Trophy / Cash Prize	13 – 15 years old	(Open Grade)

## Adult's Points

PF59	Men's Points -65kg	16 – 18 years old	(Beginners)
PF60	Men's Points -65kg	16 – 18 years old	(Intermediate)
PF61	Men's Points -65kg	16 – 18 years old	(Advanced)
PF62	Men's Points +65kg	16 – 18 years old	(Beginners)
PF63	Men's Points +65kg	16 – 18 years old	(Intermediate)
PF64	Men's Points +65kg	16 – 18 years old	(Advanced)
PF65	Men's Points -60kg	16 Years and over	(Beginners)
PF66	Men's Points -60kg	16 Years and over	(Intermediate)
PF61	Men's Points -60kg	16 Years and over	(Advanced)
PF62	Men's Points -65kg	16 Years and over	(Beginners)
PF63	Men's Points -65kg	16 Years and over	(Intermediate)
PF64	Men's Points -65kg	16 Years and over	(Advanced)
PF65	Men's Points -75kg	16 Years and over	(Beginners)
PF66	Men's Points -75kg	16 Years and over	(Intermediate)
PF67	Men's Points -75kg	16 Years and over	(Advanced)
PF68	Men's Points -85kg	16 Years and over	(Beginners)
PF69	Men's Points -85kg	16 Years and over	(Intermediate)
PF70	Men's Points -85kg	16 Years and over	(Advanced)
PF71	Men's Points +85kg	16 Years and over	(Beginners)
PF72	Men's Points +85kg	16 Years and over	(Intermediate)
PF73	Men's Points +85kg	16 Years and over	(Advanced)
PF74	Men's Points Veterans -80kg	(35 – 44 years)	(Beginners)
PF75	Men's Points Veterans -80kg	(35 – 44 years)	(Intermediate)
PF76	Men's Points Veterans -80kg	(35 – 44 years)	(Advanced)
PF77	Men's Points Veterans -80kg	(Over 45 years)	(Beginners)
PF78	Men's Points Veterans -80kg	(Over 45 years)	(Intermediate)
PF79	Men's Points Veterans -80kg	(Over 45 years)	(Advanced)
PF80	Men's Points Veterans +80kg	(35 – 44 years)	(Beginners)
PF81	Men's Points Veterans +80kg	(35 – 44 years)	(Intermediate)
PF82	Men's Points Veterans +80kg	(35 – 44 years)	(Advanced)
PF83	Men's Points Veterans +80kg	(Over 45 years)	(Beginners)
PF84	Men's Points Veterans +80kg	(Over 45 years)	(Intermediate)
PF85	Men's Points Veterans +80kg	(Over 45 years)	(Advanced)
PF86	Men's Points 3ft Trophy / Cash Prize	16 Years and over	(Open Grade)
PF87	Ladies Points -55kg	16 – 18 years old	(Beginners)
PF88	Ladies Points -55kg	16 – 18 years old	(Intermediate)
PF89	Ladies Points -55kg	16 – 18 years old	(Advanced)
PF90	Ladies Points +55kg	16 – 18 years old	(Beginners)
PF91	Ladies Points +55kg	16 – 18 years old	(Intermediate)
PF92	Ladies Points +55kg	16 – 18 years old	(Advanced)

PF93	Ladies Points -50kg	16 Years and over	(Beginners)
PF94	Ladies Points -50kg	16 Years and over	(Intermediate)
PF95	Ladies Points -50kg	16 Years and over	(Advanced)
PF96	Ladies Points -55kg	16 Years and over	(Beginners)
PF97	Ladies Points -55kg	16 Years and over	(Intermediate)
PF98	Ladies Points -55kg	16 Years and over	(Advanced)
PF99	Ladies Points -60kg	16 Years and over	(Beginners)
PF100	Ladies Points -60kg	16 Years and over	(Intermediate)
PF101	Ladies Points -60kg	16 Years and over	(Advanced)
PF102	Ladies Points -65kg	16 Years and over	(Beginners)
PF103	Ladies Points -65kg	16 Years and over	(Intermediate)
PF104	Ladies Points -65kg	16 Years and over	(Advanced)
PF105	Ladies Points -70kg	16 Years and over	(Beginners)
PF106	Ladies Points -70kg	16 Years and over	(Intermediate)
PF107	Ladies Points -70kg	16 Years and over	(Advanced)
PF108	Ladies Points -75kg	16 Years and over	(Beginners)
PF109	Ladies Points -75kg	16 Years and over	(Intermediate)
PF110	Ladies Points -75kg	16 Years and over	(Advanced)
PF111	Ladies Points+75kg	16 Years and over	(Beginners)
PF112	Ladies Points+75kg	16 Years and over	(Intermediate)
PF113	Ladies Points+75kg	16 Years and over	(Advanced)
PF114	Ladies Points Veterans -70kg	(35 – 44 years)	(Beginners)
PF115	Ladies Points Veterans -70kg	(35 – 44 years)	(Intermediate)
PF116	Ladies Points Veterans -70kg	(35 – 44 years)	(Advanced)
PF117	Ladies Points Veterans -70kg	(Over 45 years)	(Beginners)
PF118	Ladies Points Veterans -70kg	(Over 45 years)	(Intermediate)
PF119	Ladies Points Veterans -70kg	(Over 45 years)	(Advanced)
PF120	Ladies Points Veterans +70kg	(35 – 44 years)	(Beginners)
PF121	Ladies Points Veterans +70kg	(35 – 44 years)	(Intermediate)
PF122	Ladies Points Veterans +70kg	(35 – 44 years)	(Advanced)
PF123	Ladies Points Veterans +70kg	(Over 45 years)	(Beginners)
PF124	Ladies Points Veterans +70kg	(Over 45 years)	(Intermediate)
PF125	Ladies Points Veterans +70kg	(Over 45 years)	(Advanced)
PF126	Men's Points Veterans +80kg	16 Years and over	(Open Grade)

## Children's Continuous

LC1	Continuous Boys -25kg	12 Years and under	(Beginners)
LC2	Continuous Boys -25kg	12 Years and under	(Intermediate/Advanced)
LC3	Continuous Boys -30kg	12 Years and under	(Beginners)
LC4	Continuous Boys -30kg	12 Years and under	(Intermediate/Advanced)
LC5	Continuous Boys -35kg	12 Years and under	(Beginners)
LC6	Continuous Boys -35kg	12 Years and under	(Intermediate/Advanced)
LC7	Continuous Boys -40kg	12 Years and under	(Beginners)
LC8	Continuous Boys -40kg	12 Years and under	(Intermediate/Advanced)
LC9	Continuous Boys -45kg	12 Years and under	(Beginners)
LC10	Continuous Boys -45kg	12 Years and under	(Intermediate/Advanced)
LC11	Continuous Boys +45kg	12 Years and under	(Beginners)
LC12	Continuous Boys +45kg	12 Years and under	(Intermediate/Advanced)
LC13	Continuous Boys -45kg	13 - 15 Years	(Beginners)
LC14	Continuous Boys -45kg	13 - 15 Years	(Intermediate/Advanced)
LC15	Continuous Boys -50kg	13 - 15 Years	(Beginners)
LC16	Continuous Boys -50kg	13 - 15 Years	(Intermediate/Advanced)
LC17	Continuous Boys -55kg	13 - 15 Years	(Beginners)
LC18	Continuous Boys -55kg	13 - 15 Years	(Intermediate/Advanced)
LC19	Continuous Boys -60kg	13 - 15 Years	(Beginners)
LC20	Continuous Boys -60kg	13 - 15 Years	(Intermediate/Advanced)
LC21	Continuous Boys -65kg	13 - 15 Years	(Beginners)
LC22	Continuous Boys -65kg	13 - 15 Years	(Intermediate/Advanced)
LC23	Continuous Boys -70kg	13 - 15 Years	(Beginners)
LC24	Continuous Boys -70kg	13 - 15 Years	(Intermediate/Advanced)
LC25	Continuous Boys +70kg	13 - 15 Years	(Beginners)
LC26	Continuous Boys +70kg	13 - 15 Years	(Intermediate/Advanced)
LC27	Continuous Girls -25kg	12 Years and under	(Beginners)
LC28	Continuous Girls -25kg	12 Years and under	(Intermediate/Advanced)
LC29	Continuous Girls -30kg	12 Years and under	(Beginners)
LC30	Continuous Girls -30kg	12 Years and under	(Intermediate/Advanced)
LC31	Continuous Girls -35kg	12 Years and under	(Beginners)
LC32	Continuous Girls -35kg	12 Years and under	(Intermediate/Advanced)
LC33	Continuous Girls -40kg	12 Years and under	(Beginners)
LC34	Continuous Girls -40kg	12 Years and under	(Intermediate/Advanced)
LC35	Continuous Girls +40kg	12 Years and under	(Beginners)
LC36	Continuous Girls +40kg	12 Years and under	(Intermediate/Advanced)
LC37	Continuous Girls -40kg	13 - 15 Years	(Beginners)
LC38	Continuous Girls -40kg	13 - 15 Years	(Intermediate/Advanced)
LC39	Continuous Girls -45kg	13 - 15 Years	(Beginners)
LC40	Continuous Girls -45kg	13 - 15 Years	(Intermediate/Advanced)
LC41	Continuous Girls -50kg	13 - 15 Years	(Beginners)
LC42	Continuous Girls -50kg	13 - 15 Years	(Intermediate/Advanced)
LC43	Continuous Girls -55kg	13 - 15 Years	(Beginners)
LC44	Continuous Girls -55kg	13 - 15 Years	(Intermediate/Advanced)
LC45	Continuous Girls -60kg	13 - 15 Years	(Beginners)
LC46	Continuous Girls -60kg	13 - 15 Years	(Intermediate/Advanced)
LC47	Continuous Girls -65kg	13 - 15 Years	(Beginners)
LC48	Continuous Girls -65kg	13 - 15 Years	(Intermediate/Advanced)
LC49	Continuous Girls -70kg	13 - 15 Years	(Beginners)
LC50	Continuous Girls -70kg	13 - 15 Years	(Intermediate/Advanced)
LC51	Continuous Girls +70kg	13 - 15 Years	(Beginners)
LC52	Continuous Girls +70kg	13 - 15 Years	(Intermediate/Advanced)

## Adult's Continuous

LC53	Men's Continuous -60kg	16 Years and over	(Beginners)
LC54	Men's Continuous -60kg	16 Years and over	(Intermediate/Advanced)
LC55	Men's Continuous -65kg	16 Years and over	(Beginners)
LC56	Men's Continuous -65kg	16 Years and over	(Intermediate/Advanced)
LC57	Men's Continuous -70kg	16 Years and over	(Beginners)
LC58	Men's Continuous -70kg	16 Years and over	(Intermediate/Advanced)
LC59	Men's Continuous -75kg	16 Years and over	(Beginners)
LC60	Men's Continuous -75kg	16 Years and over	(Intermediate/Advanced)
LC61	Men's Continuous -80kg	16 Years and over	(Beginners)
LC62	Men's Continuous -80kg	16 Years and over	(Intermediate/Advanced)
LC63	Men's Continuous -85kg	16 Years and over	(Beginners)
LC64	Men's Continuous -85kg	16 Years and over	(Intermediate/Advanced)
LC65	Men's Continuous -90kg	16 Years and over	(Beginners)
LC66	Men's Continuous -90kg	16 Years and over	(Intermediate/Advanced)
LC67	Men's Continuous -95kg	16 Years and over	(Beginners)
LC68	Men's Continuous -95kg	16 Years and over	(Intermediate/Advanced)
LC69	Men's Continuous -100kg	16 Years and over	(Beginners)
LC70	Men's Continuous -100kg	16 Years and over	(Intermediate/Advanced)
LC71	Men's Continuous +100kg	16 Years and over	(Beginners)
LC72	Men's Continuous +100kg	16 Years and over	(Intermediate/Advanced)
LC73	Men's Continuous Veterans	(35 – 44 years)	(Beginners)
LC74	Men's Continuous Veterans	(35 – 44 years)	(Intermediate/Advanced)
LC75	Men's Continuous Veterans	(Over 45 years)	(Beginners)
LC76	Men's Continuous Veterans	(Over 45 years)	(Intermediate/Advanced)
LC77	Men's Continuous 3ft Trophy /Cash	16 Years and over	(Open Grade)
LC78	Ladies Continuous -55kg	16 Years and over	(Beginners)
LC79	Ladies Continuous -55kg	16 Years and over	(Intermediate/Advanced)
LC80	Ladies Continuous -60kg	16 Years and over	(Beginners)
LC81	Ladies Continuous -60kg	16 Years and over	(Intermediate/Advanced)
LC82	Ladies Continuous -65kg	16 Years and over	(Beginners)
LC83	Ladies Continuous -65kg	16 Years and over	(Intermediate/Advanced)
LC84	Ladies Continuous -70kg	16 Years and over	(Beginners)
LC85	Ladies Continuous -70kg	16 Years and over	(Intermediate/Advanced)
LC86	Ladies Continuous -75kg	16 Years and over	(Beginners)
LC87	Ladies Continuous -75kg	16 Years and over	(Intermediate/Advanced)
LC88	Ladies Continuous -80kg	16 Years and over	(Beginners)
LC89	Ladies Continuous -80kg	16 Years and over	(Intermediate/Advanced)
LC90	Ladies Continuous -85kg	16 Years and over	(Beginners)
LC91	Ladies Continuous -85kg	16 Years and over	(Intermediate/Advanced)
LC92	Ladies Continuous +85kg	16 Years and over	(Beginners)
LC93	Ladies Continuous +85kg	16 Years and over	(Intermediate/Advanced)
LC94	Ladies Continuous Veterans	(35 – 44 years)	(Beginners)
LC95	Ladies Continuous Veterans	(35 – 44 years)	(Intermediate/Advanced)
LC96	Ladies Continuous Veterans	(Over 45 years)	(Beginners)
LC97	Ladies Continuous Veterans	(Over 45 years)	(Intermediate/Advanced)
LC98	Ladies Continuous 3ft Trophy /Cash	16 Years and over	(Open Grade)